

South East Locality Family Hub and Children's Centres

Charville, Hayes, Pinkwell and Yeading

4 November to 24 December 2024



Thriving healthy households



www.hillingdon.gov.uk/family-hubs

Useful information

How to Book

Families can book onto one session per week.

Please call a children's centre to book. If you cannot attend, please call to cancel.

To book additional sessions, please call on the centre on the day, to see if any spaces have become available for that day.

Hillingdon family hubs and children's centres

To see other family hubs and children's centres timetables across Hillingdon Borough please visit www.hillingdon.gov.uk/children's-centres

To view our range of services, session descriptions and to see other family hubs and children's centres timetables visit www.hillingdon.gov.uk/family-hubs

Hillingdon Youth Offer

There are a variety of programmes and activities available to children and young people aged 8 to 19 (up to 24 years with special educational needs) who live, learn or earn in Hillingdon.

To find out more, please visit www.hillingdon.gov.uk

Centre information

The Centres are open Monday to Friday, from 9am to 4pm for information and support for families (some centres are open later in accordance with the timetable)

Charville Children's Centre

Bury Avenue, Hayes, UB4 8LF

☎ 01895 250104

@ charvillecc@hillington.gov.uk

Hayes Family Hub

College Way, Hayes, UB3 3BB

☎ 01895 558850

@ hayesendfamilyhub@hillington.gov.uk

Pinkwell Children's Centre

Pinkwell Lane, Hayes, UB3 1PG

☎ 01895 250533

@ pinkwellcc@hillington.gov.uk

Yeading Children's Centre

Carlyon Road, Hayes, UB4 0NR

☎ 01895 250360

@ ycc-enquiries@hillington.gov.uk

Health and partner services contacts

Midwifery Community Midwives

☎ 01895 279472

Health Visiting Team

☎ 01895 891302

🌐 www.hillingdoncyp.cnl.nhs.uk

🌐 www.cnl.nhs.uk/services/community-services/hillingdon-0-19-health-visiting-service

Hillingdon Talking Therapies

☎ 01895 206800

🌐 talkingtherapies.cnl.nhs.uk/hillingdon

P3 Navigator Yiewsley Advice Centre

(Housing, Education, Training, Employment, Health, Benefits)

☎ 01895 436114

Hillingdon Talks, Moves and Plays

(Children's Integrated Therapies) visit www.cnl.nhs.uk/children-integrated-therapy-service

☎ 01895 488 200

Other information

Childcare funding

Do you qualify for funded childcare for your child, from nine months to four years old? To find out more, speak to a member of our staff or visit www.hillingdon.gov.uk/funded-childcare.

Start for Life

For more information on Hillingdon's Start for Life, visit www.hillingdon.gov.uk/start-for-life

Healthy Start

Healthy Start helps you buy healthy foods and get free vitamins if you are pregnant or have a child under 4 and claim certain benefits. To apply visit www.hillingdon.gov.uk/healthystart to get help to buy food and milk (Healthy Start) or contact your local Family Hub or Children's Centre.

SEND Local Offer

Our local offer provides information for children and young people with special educational needs and disabilities (SEND) and their parents/carers. www.hillingdon.gov.uk/send

Further support for your family

For further help and support for your family, visit www.hillingdon.gov.uk/stronger-families

You can also follow us on Facebook and Instagram.



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Charville Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Stay and Play 0 to 5 years 9.45am to 11.15am Booking required</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.30pm to 3.00pm Booking required 2nd & 16th December</p> <p>.....</p>	<p>Parent Space 10am to 11.30am By Invitation Only</p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm Appointment Only</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm Booking required 5th & 26th November</p> <p>.....</p> <p>Health Visitor Child Health Reviews 9am to 4pm Appointment Only</p>	<p>Speech and Language Therapy 9am to 12pm Appointment Only</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Ducklings Online 9.30am to 11am By Invitation Only</p> <p>.....</p> <p>Stay and Play at William Byrd Primary School 0 to 5 years UB3 5EW Stay and Play 10am to 12pm Booking required Term Time Only</p> <p>Closed 11 December Staff Training 12pm to 4.15pm</p>	<p>Early Bird 9.30am to 12pm By Invitation Only</p> <p>.....</p> <p>Midwife 9am to 4pm Appointment Only</p> <p>.....</p> <p>Charville Library Brush For Life 5th December 10.15-11.0am Booking required</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30 to 2.30pm Booking required</p> <p>Closed 19 December Staff Training 8.30am to 4.15pm</p>	<p>Toddler Stay and Play 12-30 months 10.15am to 11.15am Booking required</p> <p>.....</p> <p>Perinatal Mental Health 9am to 4pm Appointment Only</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 30th November Booking required</p> <p>.....</p> <p>On line Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p> <p>.....</p>



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Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Child Health Clinic 9.30am to 11.30am Drop in</p> <p>2 Year Health Reviews 9am to 12pm Appointment only</p> <p>Breastfeeding Support 9.30am to 11.30am Drop in</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Waythrough 9am to 4pm Appointment only</p>	<p>Attention Hillingdon Term time only 9.30am to 10.30am Invitation only</p> <p>Stay and Play 0 to 5 years 10am to 11.30am 17, 24 December Booking required</p> <p>Physiotherapy 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>Waythrough 9am to 4pm Appointment Only</p>	<p>Attention Hillingdon Term time only 9.30am to 10.30am Invitation only</p> <p>Story & Rhyme Time 18 months to 5 years 10am to 11am 6, 13 November, 18 December Booking required</p> <p>CAMHS 0-5 Service 9am to 4pm Appointment only</p> <p>2 Year Health Reviews 9am to 12pm Appointment Only</p> <p>Perinatal Mental Health 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p>	<p>Postnatal Baby Group 0 to 4 months 6-week course 10am to 11.15am Booking required</p> <p>CAMHS over 5's 9am to 4pm Appointment only</p> <p>CITS 9am to 12pm Appointment only</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Waythrough 9am to 4pm Appointment only</p>	<p>Baby Group 9 to 17 months 10am to 11.15am Booking required</p> <p>Midwife 9am to 4pm Appointment only</p> <p>Perinatal Mental Health 9am to 4pm Appointment only</p> <p>SENDIASS 20 December 9.30am to 11.30am Drop in</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 30 November Booking required</p> <p>Online Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p>
				<p>SEE BELOW FOR THE AFTERNOON TIMETABLE</p>	



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Hayes Family Hub Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Stay and Play Plus 0 to 5 years 1.45pm to 2.45pm Booking required</p> <p>.....</p> <p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>.....</p> <p>SENDIASS 18 November 1pm to 3pm Drop in</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 11 to 19 years 4pm to 7pm *See notes section for more details.</p>	<p>Baby Group 0 to 8 months 1.30pm to 2.30pm Booking required</p> <p>.....</p> <p>Your Bump and Beyond Workshop 26 November 1pm to 3.30pm Booking required</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 7pm Term time only *See notes section for more details.</p> <p>.....</p> <p>Hillingdon Youth Offer Drop-in (youth club) School years 7-9 4pm to 6.30pm Drop-in</p>	<p>Baby Health Reviews 1.30pm to 3pm Appointment only</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm Booking required</p> <p>.....</p> <p>Hillingdon Youth Offer (various programmes) 8 to 19 years 4pm to 8pm *See notes section for more details.</p> <p>Closed 11 December Staff Training 12pm to 4.15pm</p>	<p>Perinatal Singing for Fun Group 1.30pm to 2.30pm Appointment only</p> <p>.....</p> <p>Stay and Play 0 to 5 years 1.45pm to 2.45pm Booking required</p> <p>.....</p> <p>The Hub Club 4 to 7 years Term time only Starting 17 October 3.30pm to 4.30pm Booking required</p> <p>.....</p> <p>Hillingdon Youth Offer 13 to 24 years 4.30pm to 7.30pm *See notes section for more details.</p> <p>Closed 19 December Staff Training 8.30am to 4.15pm</p>	<p>Let's Get Active 18 months to 5 years 1.45pm to 2.45pm Booking required</p> <p>.....</p> <p>Stay and Play at McMillan Early Childhood Centre 0 to 5 years Term time only 1.30pm to 3pm Booking required</p> <p>.....</p> <p>Free Computer and Wifi Session Must have a child under 19 or 25 years with SEND 1.15pm to 3.15pm Booking required</p> <p>.....</p> <p>Hillingdon Youth Offer 8 to 11 years 4pm to 5.30pm</p> <p>*See notes section for more details.</p>	<p>*Hillingdon Youth Offer 8 to 25 years Various programmes includes: Counselling, Mentoring, Transition, Support, Sexual Health information and advice, Substance Use and Misuse support, programmes for girls and young women and programmes for boys and young men and LGBTQ+.</p> <p>For more information visit www.hillingdon.gov.uk/targeted-programmes</p> <div style="text-align: right;">  <p>Five to thrive champions</p> </div>

Pinkwell Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Immunisation Clinic 9.30am to 4pm By appointment</p> <p>Let's Get Active (18 months to 5 years) 10am to 10.45am Booking required</p> <p>Attention Hillingdon 4th to 26th November 1.30pm to 2.30pm By invitation</p>	<p>Health Visitor Child Health Reviews 9am to 4pm By appointment</p> <p>Midwifery Clinic 9am to 4pm By appointment</p> <p>Stay and Play at Stay City Hotel 0 to 5 years Term time only 9.30am to 11.30am Drop in for residents only</p> <p>Attention Hillingdon 4th to 26th November 1.30pm to 2.30pm By invitation</p>	<p>Midwifery Clinic 9am to 4pm By appointment</p> <p>Parent Space 9.30am to 11am By invitation</p> <p>Stay and Play Plus 11.15am to 12.15pm Booking required</p> <p>Stay and Play 0 to 5 years 1.30pm to 3pm Booking required</p> <p>Closed 11 December Staff Training 12pm to 4.15pm</p>	<p>P3 Advice 9.30am to 1pm Booking required</p> <p>Breastfeeding Drop-in Group 10.30am to 11.30am</p> <p>Baby Group Bumps up to 12 months 10am to 11am Please book</p> <p>Health Visitor Child Health Clinic 1pm to 3pm Drop in</p> <p>Closed 19 December Staff Training 8.30am to 4.15pm</p>	<p>Midwifery Clinic 9am to 4pm By appointment</p> <p>Health Visitor Child Health Reviews 9am to 3.30pm By appointment</p> <p>Stay and Play 0 to 5 years 10am to 11.30am Booking required</p> <p>Baby Group Bumps and Babies 0 to 12 months 1.30pm to 2.30pm Booking required</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 30 November Booking required</p> <p>On-line Session Fussy Eating 7 November 1.30pm to 2.30pm Booking required</p>



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Yeading Children's Centre Activities Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p>Let's Get Active 1 to 5 years 10am to 11am Booking required.</p> <p>.....</p> <p>Twinkle Twinkle (A Portage group for young children with Down's Syndrome) 10.15am to 11.30am 4th November 2nd December Booking required</p> <p>.....</p> <p>Baby Group Bumps to 12 months 1.30pm to 2.30pm Booking required</p>	<p>Stay and play 0 to 5 years 10am to 11.30am Booking required.</p> <p>.....</p> <p>P3 (Advice and Support) (Housing, Education, Training, Employment, Health, Benefits) 1pm to 4pm Booking required</p>	<p>Child Health Clinic 9.30am to 11.30am Drop in </p> <p>Midwife 9am to 1pm Appointment Only </p> <p>Virtual Weaning Party delivered by the Health Visiting team via Zoom 10am to 11am Passcode Weaning Meeting ID 954 1018 </p> <p>Health Visitor Child Health Reviews 1pm to 4pm Appointment Only </p> <p>Stay and play 0 to 5 years 1.30pm to 3pm Booking required.</p> <p>Closed 11 December Staff Training 12pm to 4.15pm</p>	<p>Speech and Language Therapy 9am to 4pm Appointment Only </p> <p>Midwife 1pm to 4pm Appointment Only </p> <p>Parent Space 1.30pm to 3pm By Invitation Only</p> <p>Closed 19 December Staff Training 8.30am to 4.15pm</p>	<p>Stay and Play Plus 0 to 5 years 10am to 11am Booking required.</p> <p>.....</p> <p>Toddler Stay and Play 12 to 30 months 1.30pm to 2.30pm Booking required </p> <p>Midwife 9am to 4pm Appointment Only</p>	<p>Yeading Dad's and Male Carers Group 10am to 11.30am 30th November Booking required </p> <p>On line Sessions & Courses We also offer online courses via Microsoft Teams, please see hillington.gov.uk/children's-centres for more details</p>



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