

International Women's Day

Organised by Hillingdon Women in the Community Network in partnership with the councils Stronger Communities Team, MyHealth Hillingdon and Hillingdon women's centre, IWD 2023 attracted over 200 women.

The first part of the day was an educational conference featuring talks and group workshops on health, a session on creative writing and personal safety workshops.

The day included a fashion show of cultural dress from the Afghan Women's Group and a talk about the challenges that Afghan women face.

Austin Road Women's Group also celebrated the day by showing their bright and colourful costumes they made themselves.

The Mayor gave an enlightening talk on the barriers women face overcoming personal and professional challenges.

In the evening, attendees enjoyed a range of performances including spoken word, stories, poetry, music, ending with an inspirational presentation based upon a podcast series on experiences of women in the music industry.