

# Extra care housing

- Exclusively for older people with additional care needs
- Independence in your own home
- Staff available 24 hours a day in an emergency, via Tunstall technology
- Close to local facilities and bus routes
- Integrated group activities



HILLINGDON  
LONDON

[www.hillingdon.gov.uk/extracarehousing](http://www.hillingdon.gov.uk/extracarehousing)

# Our extra care flats

- Are you a Hillingdon resident, aged over 65?
- Do you have care and support needs that need meeting to enable you to live independently?
- Do you have a physical, sensory or learning disability?
- Do you currently reside in the borough?
- Are you already receiving a home care service from the council?
- Are you eligible for social housing within the borough?

If these apply to you, extra care housing could be for you.

We have four extra care homes in the borough:



**Grassy Meadow Court**



**Park View Court**



**Triscott House**



**Cottesmore House**

# Your home

Our extra care flats offer all the comfort and privacy of your own home, with the added security and peace of mind of professional care. Extra care housing staff are on-site Monday to Friday, 9am to 5pm, as well as care staff 24 hours a day, seven days a week to support you with any assessed care needs and in case of an emergency. The level of care and support you receive will be discussed and agreed with your accessing social worker.

If you are an older person needing care and support to live independently, then an extra care flat could be the best option for you.

You will have your own one or two bedroom self-contained flat and can furnish your flat whichever way you choose.

Key features include:

- modern fitted kitchen
- integrated electric oven, hob and extractor hood
- integrated fridge/freezer
- washing machine
- bathroom with shower/wet room
- vinyl floor to kitchen and bathroom
- carpet in living room, bedrooms and hall
- built-in cupboard space





## Grassy Meadow Court Grange Road, Hayes, UB3 2FU

Grassy Meadow Court is close to Hayes Town and the Uxbridge Road where there is a variety of banks, supermarkets and shops. It is well served by local bus routes. Other local amenities include:

### Hospital

- Hillingdon Hospital, Field Heath Road, Hillingdon

### Bus routes

- 607 Uxbridge Station to White City Bus Station

### Local leisure facilities

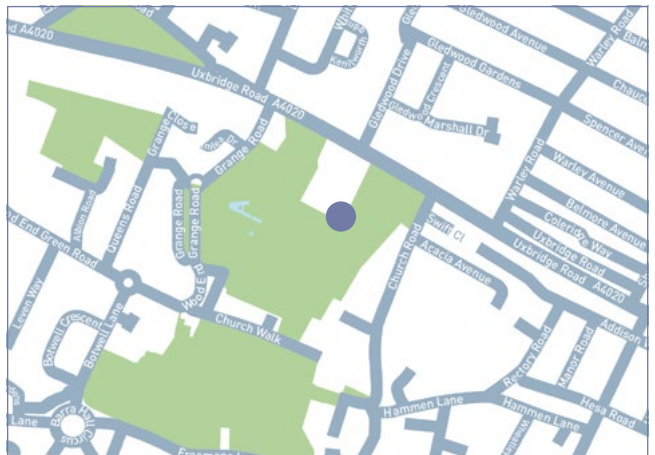
- Botwell Sports and Leisure Centre, Hayes

### Nearest station

- Hayes & Harlington (National Rail)

### Post Office

- WHSmith, Station Road, Hayes





## Park View Court Farrier Close, Yiewsley, UB8 3FH

Park View Court is also close to the shops and facilities in Hayes Town and the Uxbridge Road. The scheme is well served by buses to nearby towns. Other local amenities include:

### Hospital

- Hillingdon Hospital, Field Heath Road, Hillingdon

### Nearest station

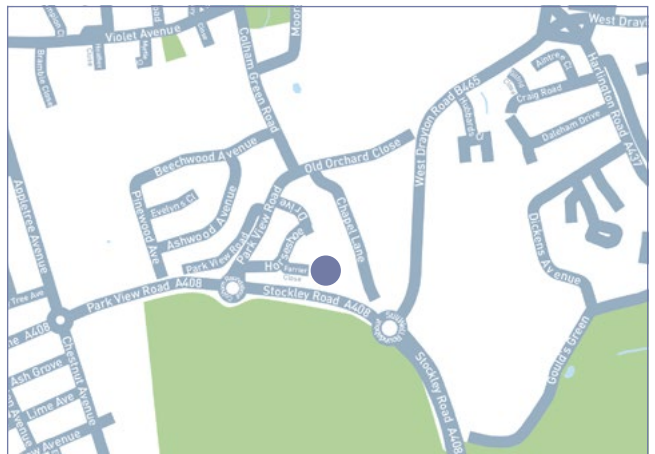
- West Drayton (National Rail)
- Uxbridge (Underground)

### Post Office

- WHSmith, High Street, Uxbridge

### Bus routes

- U5 Uxbridge to Hayes Town





## **Triscott House** Avondale Drive, Hayes, UB3 3PE

Also close to Hayes Town and the Uxbridge Road, supermarkets, shops and banks are within easy reach from Triscott House. The scheme is well served by local buses. Other local amenities include:

### **Hospital**

- Hillingdon Hospital, Field Heath Road, Hillingdon

### **Local leisure facilities**

- Botwell Sports and Leisure Centre, Hayes

### **Post Office**

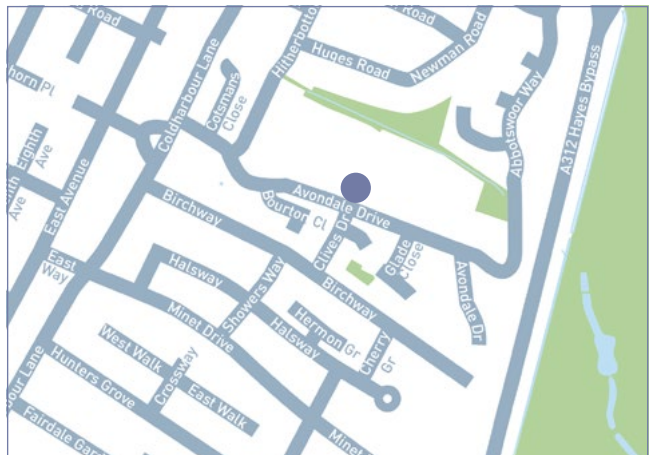
- WHSmith, Station Road, Hayes

### **Bus routes**

- 140 Harlington High Street to Harrow Weald
- 427 Uxbridge to Acton Town
- 90 Northolt to Feltham
- E6 Greenford to Tesco, Bullsbridge

### **Nearest station**

- Hayes & Harlington (National Rail)





## Cottesmore House Perkins Gardens, Ickenham, UB10 8FT

Cottesmore House is close to West Ruislip and Ickenham where there are banks, supermarkets and shops. It is well served by local bus routes, trains and the Underground. Other local amenities include:

### Hospital

- Hillingdon Hospital, Field Heath Road, Hillingdon

### Local leisure facilities

- Ruislip Lido

### Post Office

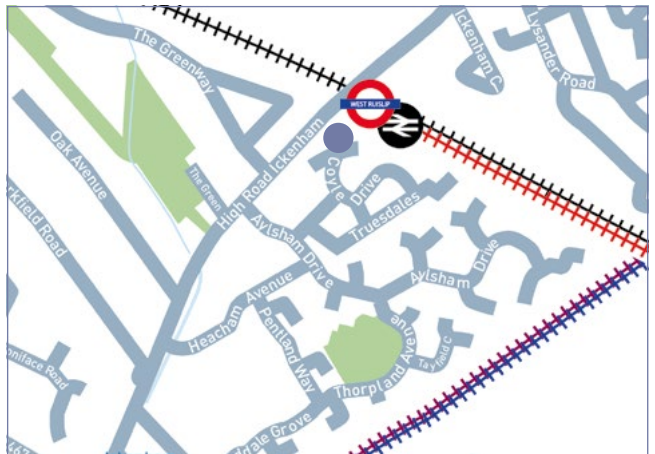
- Long Lane, Ickenham

### Bus routes

- U1 Ruislip to West Drayton
- U10 Uxbridge to Ruislip

### Nearest station


- West Ruislip (National Rail and Central Line)



Tenancies for extra care properties will be allocated by Hillingdon Council in accordance with the individual scheme eligibility criteria. The information in this document is provided as a general guide only.

To find out more:

- visit our website  [www.hillingdon.gov.uk/extracarehousing](http://www.hillingdon.gov.uk/extracarehousing)
- call  01895 556365

If you would like this publication in large print, Braille or on audio tape, or you would like information about this document or council services in your own language, please call  01895 556633.



**“I love living at Grassy Meadow, it has been a godsend and I get to see people every day. It was only when I moved that I realised how much I missed seeing people daily and that I had been isolated. The best thing about extra care is the security it offers and if you need support you know someone is there.”**

*Ashley, resident of Grassy Meadow Court*



**“Moving to Park View made me feel better, more relaxed and the care works well for me. I’m able to go to social activities like bingo and Christmas/summer parties and my son Leroy often comes too.**

**“The carers and staff are excellent, they often look after me as if I’m their own mum and are always available to help me when needed.”**

*Birdie, resident of Park View Court*